

SUMMARY OF THE DIFFERENT LABELLING REGULATIONS

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16-49: Special Provisions	4: Advertising Principles	2: General
50: Nutritional Information	10: Presentation	3: Presentation
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55: Repeal	13: Country of Origin	6: Country of Origin
56: Commencement	14: Batch identification	7: Batch Identification
Annexures	15: Date Marking	8: Date Marking
1. Category of additives that their category name may identify in the list of ingredients	16: Prohibited Statements	9: Prohibited Statements
2. Prescribed nutritional information declaration format and conversion factors	17: Negative Claims	10: Negative Claims
3. Nutritional Reference values (NRV) for labelling	18-51: Special Provision	Part 2: Specials Provision
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6. The manner of expression of energy, nutrition and other substance value found in foodstuff, in the table with nutritional information	20: Variable Proportions	13: Variable Propositions
	21: Ingredients are shown in any order	14: Ingredients are shown in order
	22-24: Naming of ingredients and other related matters	15: Naming of ingredients and other related matters
	25: Quantitative ingredient declaration (QUID)	16: Natural Coloring foods
	26: Compound Ingredients	17: Indication of the type of meat species

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	27: Added Water	18: Raw processed Meat
	28: Added Caffeine	19: Quantitative ingredient Declarations
	29: Fats and Oil	20: Compound Ingredients
	30: Bulk Stock	21: Added Water
	31: Small Packages	22: Added caffeine or alcohol-containing food staff
	32: Storage Instructions	23: Fats and Oil
	33: Food Vending Machines	24: Bulk stock
	34: Pictorial Presentation	25: Small Packages
	35: Labelling of food additives sold as such	26: Storage Instructions
	36-43: Indication of Food Additives on Labels	27: Foodstuff vending Machine
	44-47: Allergens and related matters	28: Pictorial Representation
	48: Misleading Descriptions	29: Labelling of pre-packed food additives
	49: Irradiation	30: General labelling requirements regarding food additives
	50: Statement related to frozen foods	31: Flavoring
	51: Vegetarian Claims	32: Tartrazine
	52: Nutritional information and related matters	33: Preservatives
	53-63: Energy, Nutrition, Ingredient Content and Health Claims	34: Antioxidants as additives
	53: General information, conditions, and related matters	35: Artificial sweeteners
	54-55: Nutrition Claims	36: Modified starches, Processing aids, carry-over of additives
	54: Energy, Nutrition, Ingredient Content Claims and other related matters	37: Allergens
	55: Comparative Claims	38: Uncommon allergens
	56-63: Health Claims	39: Allergen cross-contamination
	56: Glycaemic Index and Glycaemic Load claim	40: Allergen-related claims regarding gluten-free and naturally gluten-free foodstuff
	57: Function claims	41. Allergen-related claims regarding hypoallergenic, non-allergic and allergen-free foodstuff

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	58: Reductions of disease risk claims	42: Misleading descriptions
	59: Health claims related to the whole gain concept	43: Irradiation
	60: Approved Health Claims for Oral Health	44: Statements related to frozen foods
	61: Approved Health Claims for Physical Performance	45: Vegetarian Claim
	62: Claims for Slimming and weight/ Management or control	46: Nutrition information facts Table 1: Foodstuffs that are excepted from the mandatory requirement to bear nutritional information or facts unless a claim with a nutritional or health message is made
	63: Claims related to detoxification	47: Additional requirements relating to nutritional information table
	64: Exceptions	Part 3: General Information on the Front of Package Labels, Health and Nutritional Claims
	65: Food and non-alcoholic beverages that might not be commercially marketed to children	48: General Information and Conditions
	66: Labeling enteral food for the dietary management of persons with specific medical conditions	49: Enrichment of foodstuff
	67: Repeals	50: Nutrient Profiling Model for South Africa to screen food stuff for their eligibility to make any claim with a nutrition or health message
	68: Commencement Dates	51: Profiling Model for foodstuff for South Africa for FOPL logos on labels of foodstuff that might not be marketed or advertised to children
	Annexures	52: Marketing restrictions for foodstuff that might not be advertised to children
	1. Category of additives that their category name may identify in the list of ingredients	53: Use of the South African foodstuff Based on Dietary guidelines
	2. Prescribed nutritional information declaration format and conversion factors	54: Claims on Packaged water
	3. Nutrition Reference Values (NRV) for labelling	55: Foodstuff containing added purified, crystalline fructose (C ₆ H ₁₂ O ₆) or added non-nutritive sweeteners
	4. List of Food Excepted from Date Marking	56: Fake foodstuffs
	5. Evaluation of protein quality for when protein claim is made.	57: Cosmetic Claims
	6. Letter sizes: definition of X-height	58: Claims represented through pictures
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	1. Mandatory nutritional information labelling exceptions	59: Energy, Nutrient and Other Related Claims
	2. Conditions for nutrient content Claim	60: Dietary fibre content Claim
	3. Conditions for Glycaemic index category/ ranking for GI and/ GL claims	61: Protein Content Claim
	4. Approved function claims	62: Fatty Acid Content Claim
	5. Reduction of disease risk claims	63: Omega 3- Fatty acid content claims
	6. 100% intact whole grain health claim	64: Content claim for antioxidants as nutrients
	7. Partially intact whole grain health claim	65: Ingredient Content Claim Table 2: Condition for content Claim Part A, B, C
	8. Made with whole grain flour, health claim	66: Comparative Claims
	9. Approved health claims for dental health	67: Glycaemic Index (GI) Category and Glycaemic Load (GL) Table 3: Nutritional information claims conditions for GI category for GI and GL claim.
	10. Approved health claims for physical performance/ exercise	PART 5: HEALTH CLAIMS
		68: Functional Claims Table 4: Approved function claim
		69: Reduction of disease risk claim
		70: Health Claim related to the whole grain concept Table 6: 100% whole grain health claim Table 7: Recombined Wholegrain Health Claim Table 8: Partially wholegrain claim
		71: Health claims for Oral Health Table 9: Approved Health Claims for Oral Health
		72: Claims for energy-restricted foodstuff for weight reduction/ slimming/ weight loss/ Formulated meal replacement for energy-restricted diet for weight reduction control
		73: Detoxification
		Part 6: Exceptions, Repeal, Withdrawal, Commencement and Short Title
		74: Exceptions
		75: Repeals

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		76: Withdrawals
		77: Commencement
		78: Short Title
		ANNEXURE
		1. Category of additives that may be identified by their principal functional category name in the list of ingredients
		2. Prescribed mandatory nutritional information/facts declaration format and conversion factors. Table 11: Estimated glycaemic carbohydrate content of various polyols Table 12: Factors for converting total nitrogen to protein
		3. Nutrient Reference Values (NRVs) for foodstuffs labelling and list of energy conversion factors
		4. Evaluation of protein quality for the purpose of when a protein claim is made
		5. Letter sizes: definition of x-height
		6. Major dietary carbohydrates
		7. Culinary Herbs and Spices for ordinary use in food preparations
		8. South African Nutrient Profiling Model: Screening Criteria for Health and nutrition claims
		9. Illustrative list of foods that need only a "date of manufacture" or a "date of packaging" as appropriate
		10. Front of Pack Nutrition Labelling (FOPL) logos

DEFINITIONS

No.	R146	Amended: R429 (Never Promulgated)	Draft: R3337
1.	address	address	address
2.	added sugar"	added sugar"	additive
3.	allergen"	allergen"	Agricultural Product Standards Act
4.	allergen cross-contamination	allergen cross-contamination	allergen
5.	allergen control program (ACP)"	allergen control program (ACP)"	allergen cross-contamination
6.	annexure	annexure	allergen control programme ("ACP")
7.	Antioxidant	the antioxidant as additive."	Annexure
8.	audit	antioxidant as a nutrient"*	artificial sweetener
9.	batch	audit	batch
10.	bulk stock"	batch	beer
11.	catering establishment	beer	Best Quality Before Date
12.	cereal"	"Best Before"	bran
13.	certification"	brine"	brine
14.	certifying organisation"	bulk stock"	bulk stock
15.	Chilled"	catering establishment	carbohydrate
16.	chocolate confectionery"	cereal"	catering establishment
17.	claim"	certification"	cereal
18.	Codex	certifying organisation"	children
19.	colourant	Chilled"	chilled
20.	common allergen"	chocolate confectionery"	chocolate confectionery
21.	comparative claim"	claim"	claim
22.	complementary medicine	Codex	Codex
23.	compound ingredient	colourant	cold extraction
24.	Container"	common allergen"	colourant
25.	contaminant	comparative claim"	common allergen

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26.	Cold-pressed	complementary medicine	comparative claim
27.	Daily serving	compound ingredient	complementary medicine
28.	Date of manufacture	Container"	Compulsory Specifications Act
29.	Date of minimum durability	contaminant	container
30.	deflavour	Cold extractions	dairy product
31.	deionise"	dairy product"	date of manufacture
32.	dietary fibre"	date of manufacture."	date of packaging
33.	drained weight"	deflavour	dehulled or de-husked
34.	endorse	deionise"	dietary fibre
35.	Enrichment	dietary fibre"	endorse
36.	Evidence-based nutrition	drained weight"	end product
37.	Fat	endorse	energy intake
38.	Flavouring"	endorsing entity"	enrichment
39.	flavour enhancer"	end product	fake food
40.	flour confectionery"	energy intake	flavouring
41.	food additive	engineered nanomaterial	flavour enhancer
42.	food constituent"	enrichment	flour confectionery
43.	Foodstuff for catering purposes	enteral"	food business operator
44.	Food vending machine	evidence-based nutrition"	fortification
45.	Frozen	fake food"	front-of-pack
46.	Genetic health promotion	Fat	Front-of-Pack- Labelling (FOPL)
47.	Gluten	Flavouring"	frozen
48.	glycaemic carbohydrate	flavour enhancer"	fruit drink
49.	Good Manufacturing Practice" (flour confectionery"	fruit juice
50.	guidelines"	food additive	fruit nectar
51.	honey"	food constituent"	gluten

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52.	ILAC"	food business operator."	GI
53.	Ingredient"	food home industry."	GL
54.	Import	food for catering purposes."	Good Manufacturing Practice
55.	irradiation"	food for special medical purposes (FSMPs)	guideline
56.	"Label"	food vending machine."	grain
57.	"liquid medium"	formulated meal replacement."	health claim
58.	main ingredient"	Fortification	honey
59.	main panel"	Front of pack labelling or FOP."	ingredient
60.	manufacture"	Frozen	ingredient content claim
61.	mechanically pressed	function claim"	irradiation
62.	naked bread"	generic health promotion	label
63.	name	Glycemic index (GI)	Liquor Products Act
64.	non-nutritive sweetener	Glycaemic load (GL)	main ingredient
65.	Novel fibre	gluten	main panel
66.	NRV	glycaemic carbohydrate	Meat Safety Act
67.	nutrient"	Good Manufacturing Practice" (milk
68.	nutrient content claim."	guidelines"	modified starch
69.	nutrition claim"	health claim"	monounsaturated fatty acid
70.	omega-3 fatty acids."	health practitioner"	name
71.	partially whole grain."	honey"	non-nutritive sweetener
72.	peanuts	ILAC"	nutrient
73.	poultry	hydrogenated"	nutrient content claim
74.	pre-packaged"	intrinsic sugar"	Nutrient Profiling Model for Health and Nutrition Claims
75.	preservative	Ingredient"	nutrition claim
76.	Pressurised container	ingredient content claim."	partially wholegrain
77.	processed"	Import"	polyol

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78.	processed meat"	irradiation"	polyunsaturated fatty acid
79.	Protein	"Label"	the portion or single portion/serving
80.	Raw-processed meats	"liquid medium"	poultry
81.	Ready-to-eat-foods	main ingredient"	prebiotics
82.	Reputable laboratory	main panel"	pre-packaged
83.	Salt	malnutrition"	preservative
84.	SANS	manufacture"	processed
85.	Sell	mechanically pressed	processed meat
86.	Sell by	medicinal claim"	protein
87.	Sell by retail	milk"	raw-processed meat
88.	Serving	Moderate Acute Malnutrition (MAIM)"	ready-to-eat foodstuffs
89.	Significant cereal	naked bread"	recombined wholegrain flour meal
90.	single ingredient agricultural commodities	name	retail
91.	Speciality bread	nectar	saturated fatty acid
92.	Starch	non-addition claim"	scale label or sticker
93.	strict vegetarian diet."	non-nutritive sweetener	-significant cereal
94.	substance	Not Acute Malnutrition (NAM)"	single ingredient agricultural commodities
95.	Sugar confectionery	novel fibre"	small producer
96.	The Act	NRV	starch
97.	Total carbohydrates	NSP"	street vendor
98.	Total sugar	nutrient"	sugars
99.	traceable/traceability/product tracing	nutrient content claim."	supersize portion/serving size
100.	tree nuts"	Nutrient profiling model."	syrup
101.	typical values	nutrition claim"	The Act
102.	vegetarian"	omega-3 fatty acids."	total carbohydrates
103.	uncommon allergen"	partially whole grain."	total fat

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104.	Use by"	peanuts	total sugars
105.	Unprocessed meat	polyol"	traceable/traceability
106.	Whole grain	polyunsaturated fatty acids."	<i>Trans</i> fat
107.		poultry	tree nuts
108.		prebiotics"	typical values
109.		pre-packaged"	vegetarian
110.		preservative	Use by
111.		processed"	un-prepacked
112.		processed meat"	unprocessed meat
113.		processing aid"	vegetable juice
114.		protein"	weight loss
115.		pulp"	wholegrain
116.		puree	wholegrain flour/meal
117.		raw-processed meat	wholesale
118.		ready-to-consume-food	
119.		reconstituted whole grain."	
120.		reputable laboratory"	
121.		salt"	
122.		SANAS	
123.		scale label or sticker."	
124.		sell	
125.		Sell by date."	
126.		serving"	
127.		significant cereal"	
128.		single ingredient agricultural commodities	
129.		starch"	

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130.		strict vegetarian diet."	
131.		substance	
132.		sugar	
133.		the Act"	
134.		therapeutic claim"	
135.		total carbohydrates"	
136.		total sugar"	
137.		traceable/traceability/product tracing	
138.		traditional African beer."	
139.		tree nuts"	
140.		typical values	
141.		vegetarian"	
142.		uncommon allergen"	
143.		Use by"	
144.		unprocessed meat"	
145.		weight loss substance or ingredient."	
146.		weight loss"	
147.		whole grain"	
148.		whole grain flour."	
149.		whole wheat"	